



Canadian Agricultural Safety Association Conference

October 9, 2019

Information and Resources

MENTAL HEALTH: A PRIORITY FOR OUR FARMERS Report of the Standing Committee on Agriculture and Agri-Food. Pat Finnigan, Chair. May, 2019.

English: <https://www.ourcommons.ca/Content/Committee/421/AGRI/Reports/RP10508975/agrip16/agrip16-e.pdf>

French: <https://www.ourcommons.ca/Content/Committee/421/AGRI/Reports/RP10508975/agrip16/agrip16-f.pdf>

Study reveals mental health struggles in farming

<https://www.bonnyvillenouvelle.ca/article/study-reveals-mental-health-struggles-in-farming-20190604> By Robynne Henry Jun 4, 2019

Farmers Need, Want Mental Health Help: Survey Tuesday, June 28, 2016

<https://news.uoguelph.ca/2016/06/farmers-need-want-mental-health-help-survey/>

'They need us right now': New mental-health foundation aims to help struggling farmers

<https://www.cbc.ca/news/canada/saskatchewan/rural-mental-health-foundation-1.4504365>

Mental Health Week: Awareness and Resilience in Agriculture. Christian Farmers Federation of Ontario (CFFO)

<https://christianfarmers.org/mental-health-week-awareness-and-resilience-in-agriculture/#targetText=Organized%20by%20the%20Canadian%20Mental,over%20the%20last%20few%20years>.

Canadian Agricultural Safety Association (CASA)

Canada FarmSafe Plan

English: <https://www.casa-acsa.ca/en/resources/canada-farmsafe-plan/>

French: <https://www.casa-acsa.ca/fr/ressources/plan-de-securiferme-canada/>

Sample Form: Confidential Personal Wellness Assessment

English: <https://www.casa-acsa.ca/wp-content/uploads/ConfidentialPersonalWellnessAssessment.pdf>

French: http://www.agsafetyweek.ca/uploads/1/3/3/4/13345670/casa_personal_wellness_assessment_fre_final.pdf

Working Alone

English: <https://www.casa-acsa.ca/en/safetyshop-library/working-alone-2/>

French: <https://www.casa-acsa.ca/fr/safetyshop-library/working-alone/>

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Farming Mental Health in Canada Infographic (Canadian Agricultural Safety Association / Canadian Centre for Occupational Health and Safety - CCOHS)

English: <https://www.ccohs.ca/products/posters/farming/>

French: <https://www.cchst.ca/products/posters/farming/>

Farm Credit Canada

Community Fund for Mental Health First Aid:

English: <https://www.domore.ag/how-to-do-more>

French: <https://www.domore.ag/ressources-fr>